

småles matters



BUG NEWS



Spring 2022



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Hej småles!

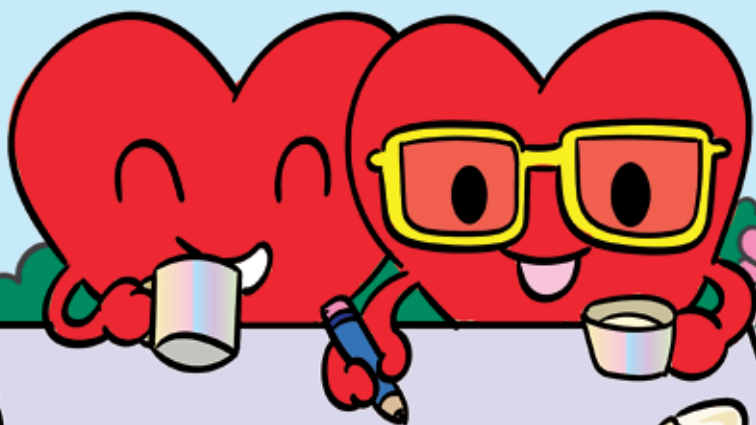
How have you been? Spring is back and it is time for another adventure!

Join us on page 6 as we explore the world of Tea and on page 14 for interesting facts about this simple yet flavourful drink.

Get ready for a TEA-riffic time!

**With Big Bug hugs
Alex and Tampi**

Can you unscramble
the name of each picture?



OSLEO ETA ELFA

INAGNA



SALGS AOPETT



LEARPOCNI TATEOP

EAT SERIFUN



ATE YDADC

Help the brothers find the following words

V	G	I	O	K	G	H	E	R	B	A	L	C
K	R	O	O	I	B	O	S	N	Z	Q	T	H
R	E	J	L	S	O	L	F	W	A	X	G	A
H	E	B	O	F	E	M	A	T	C	H	A	M
A	N	Q	N	Y	N	P	M	C	K	H	N	O
D	Z	T	G	P	U	E	R	H	K	D	E	M
M	A	G	H	R	E	B	I	M	I	N	T	I
K	R	O	O	I	B	O	S	N	Z	Q	T	L
R	M	A	S	A	L	A	C	H	A	I	G	E

GREEN BLACK OOLONG ROOIBOS
MAGHREBI MINT MATCHA MASALA CHAI
HERBAL CHAMOMILE PUERH



What is Tea?

Tea is a drink that is made by pouring hot water over dried leaves of the *Camellia sinensis* plant. It is the most popular drink in the world after water.

cccc
Did you know

This plant grows all year round.



1



2

3

Source:
<https://www.hsph.harvard.edu/nutrition-source/food-features/tea/>
<https://www.nationalgeographic.com/culture/article/the-worlds-top-drink>

History of Tea

Tea was first recorded as a medicinal drink in China in the 3rd century AD, that was many, many, many years ago! Merchants helped to make this drink popular and it quickly made its way across the world.



In the early 19th century, Great Britain made the idea of afternoon tea break a routine. During this short break in the afternoon, tea gets served alongside some light snacks like sandwiches and cookies.



Types of Tea

Even though tea comes from one plant, depending on what leaves are picked and how they are treated, you can get different types of tea. There is black tea, green tea, oolong tea and white tea.

Black tea

is the most popular tea out of the four. It has a darker tea colour and a stronger flavour. Many people like to add sugar, milk or lemon to their black teas.



Green tea

is the second most popular tea. It has a pale greenish-yellow colour and tastes light and grassy. It is best drunk as it is, without adding anything to it.



Teas around the world

With such a long history and Tea being the second favorite drink in the world, let us learn how it is drunk in different countries.



Bubble tea

Coming from Taiwan, the drink is made up of cold tea and milk with cooked tapioca pearls for the chewy bubbles.



Maghrebi mint tea

This drink comes from Morocco and is made up of green tea, fresh mint leaves and sugar. The Moroccans also has a traditional tea ceremony called "Atay" which shows their friendship and hospitality.



Rooibos tea

This tea is not a true tea as it comes from an herb that is grown only in South America, but it has been given the name "Red tea" or "Red bush tea" by the tea industry.



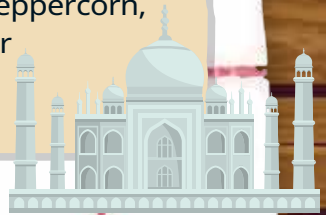
English breakfast tea

As the name suggest this tea is usually drunk in the morning with your breakfast. It is made from strong black tea and most people like to add a splash of milk and a cube of sugar to go with it.



Masala Chai

It is a spice-flavored tea that comes from India. This drink is made up of black tea and aromatic spices (ground cloves, ginger, peppercorn, cinnamon), sugar and milk.



Matcha tea

Famous in Japan, this tea is made from finely grounded young green tea leaves. It is often served with a Japanese sweet treat during tea ceremonies to balance the bitter taste from the drink.





Spot the difference

Can you spot 20 differences?
Circle and number each
difference you can find!



Send in your answers with your name, Smålish passport, number, age, address and contact number to alexandtampi@smales.com.sg by 31 March 2022. 5 lucky winners will each win a set of MÅLA Modelling dough.



10 Interesting facts about tea



1

There are around **3,000** different types of tea.



2

Tea was so valuable in the 18th century that it was kept in a locked chest - which we now call a tea caddy.

Da Hong Pao tea is the most expensive tea in the world.

3



5

It takes about 3 years before a new plant is ready to be harvested and 4-12 years for a tea plant to be matured enough to produce seed.

4

Mint tea is not actually a tea - it's an infusion.



6

Teabags were invented in the early 1900s.



7

The oldest *Camellia Sinensis* tea plant is in China. It's thought to be 3,200 years old.



8

There is a British standard for the perfect cup of tea.



9

Just 20g of the Da Hong Pao tea can cost up to around SGD\$39,000.



10

Butter tea is a common Tea in Tibet. It is made using black tea, yak butter, and salt.



Source:

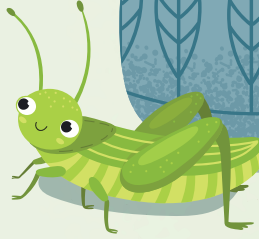
<https://www.buzzfeed.com/aibhemalone/15-weirdly-interesting-facts-about-tea>

<https://www.foodnetwork.com/fn-dish/shows/2013/01/10-interesting-facts-about-tea-iron-chef-america-ingredients-101>

<https://teachapter.com/2020/06/17/interesting-tea-facts/>

Sustainable tea

Even though tea is a simple drink – growing, collecting and packing the tea leaves need a lot effort and materials. With the demand for tea growing greatly, more land, electricity, water and people will be needed to make it.



If we rush to use up earth's resources, very soon we will not have anything left for the future generations. To make sure everyone in the future can enjoy tea, we need to make good decisions such as supporting fair trade, organic, and zero waste tea. This way, tea brands can be more sustainable and ethical, paving a better way for the planet and the growers behind our tea.



How can we play our part?

Your efforts, big or small, really matter! Here are some easy tips to make your daily cup more eco-friendly.

1

Choose loose leaves instead of teabags to reduce packaging wastage.



2

Boil the right amount of water - you will not need a whole flask of hot water just for 1 cup of tea.



3

Once you have finished your tea, reuse the leaves as fertilisers for your plants or garden.



4



Support certified teas brands that sustainably grow or harvest their leaves.

Source: <https://www.arborteas.com/eco-friendly-brewing-tips/>

Connect the dots to complete the drawing



Spring Art and Craft



1

Take your used tea bag and cut away the bottom so that you can empty out the tea leaves.

2

Let your used tea bag dry completely on a flat surface before giving it a quick iron* to make it extra flat and straight.

*Adult supervision might be necessary.

3



Get creative and draw, colour or paint the tea bag.

4



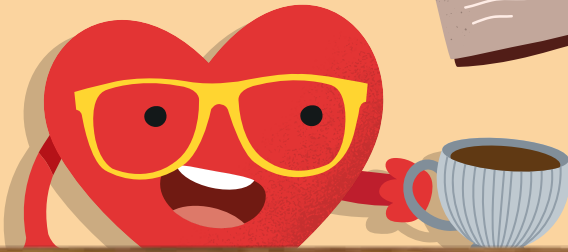
Let your artwork dry completely.

5

Start using your recycled, scented bookmark.



INBOX @ SMALES



Last issue's theme:
Alex and Tampi are building a snowman. How do you think the snowman will look like?

Best Drawing



Lim Yun Hui, 12 years old



Alysha Binte Dzafir, 9 years old



Poh Zi Ning Kaylyn, 10 years old



Chin Wei En Vivienne, 11 years old

Next issue theme:

The flower garden in Alex and Tampi's backyard is starting to bloom so the brothers are having an afternoon tea party and have invited a special visitor. Who do you think it is?

Include your name, Smålish passport number, age, address and contact number, and send your drawing to alexandtampi@smales.com.sg by 31 March 2022.

1 lucky winner will win a set of MÅLA Paint.





Best
letter

Alex and Tampi went to the frozen lake near their home and decided to do ice fishing. They made a small hole to throw in the fishing line. Within minutes, the two brothers felt something tugging strongly at the end of the line. Tampi guessed that it was a sea monster while Alex thought his line was stuck at the bottom of the lake. The two brothers pulled the fishing line with all their might and a gigantic golden whale jumped out of the lake. "Hej! My name is Goldie. I am an IKEA whale; we can only be found during the winter season." said Goldie. "Hej! Nice to meet you. My name is Alex, and this is my little brother Tampi. Let's be friends!" said Alex. They talked till sunset and became good friends.

Yong Lok Yan, 9 years old

Last issue's theme:

Alex and Tampi went to the frozen lake near their home and decided to do ice-fishing. They made a small hole to throw in the fishing line. Within minutes, they felt something tugging strongly at the end of the line. What do you think it was?

Next issue theme:

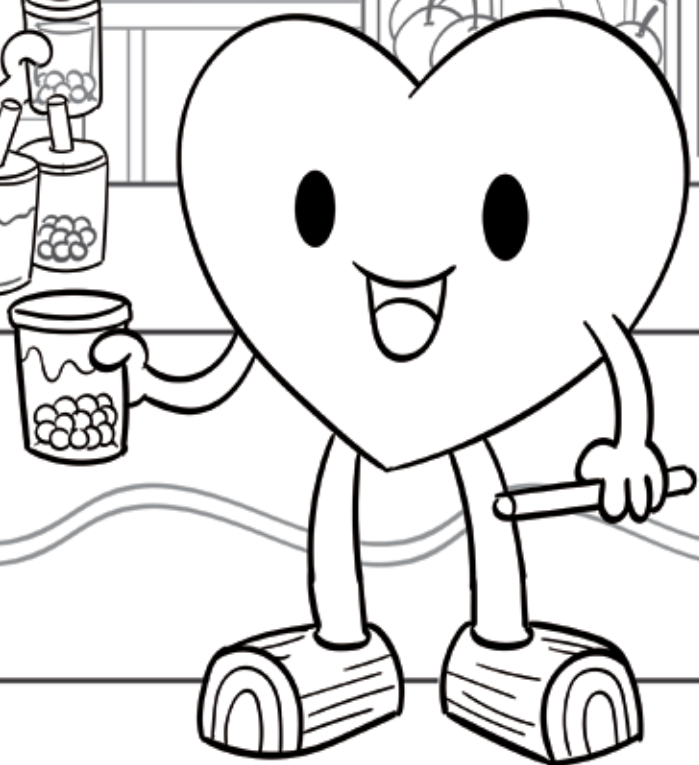
The winning dish for the great cook off competition is Alex and Tampi's tea-flavoured paper porridge! Let us invite the brothers up on stage to share how they came up with the idea in mixing tea and paper porridge together?

In no more than 150 words, include your name, Smålish passport number, age, address, and contact number and send your letter to alexandtampi@smales.com.sg by **31 March 2022**. 1 lucky winner will win a LUSTIGT Dart game.





BUBBLE
TEA SHOP





**Wreck this
page**

Be creative! Pour/drip/spill some tea on this page and fold the newsletter into half along the dotted lines to make a print.